

**INDEPENDENT CARE HEALTH PLAN
POLICY/PROCEDURE**

Department: General & Administration	Policy: Provider Clinical Practice Guidelines
Policy Number: G&A-005	Page 1 of 6
Policy Cross Reference Name & Number: N/A	

Independent Care Health Plan contracts with individual and group providers of health care products and services for Medicare and Medicaid recipients. Each line of business functions under its own contract guidelines for which benefit and reimbursement requirements vary. Specific contract benefits, guidelines, and/or policies supersede information outlined in this policy.

POLICY:

Independent Care Health Plan is dedicated to enriching the quality of clinical care provided to our members by our staff and contracted providers. Clinical Practice Guidelines support providers in treating chronic disease, providing preventative care, and facilitating provider-member interactions.

All Clinical Practice Guidelines recommended by iCare are based on national medical association and health organization recommendations. Information provided in this policy applies to all providers of care to iCare members and is reviewed annually and updated no less than every two years, or as national guidelines change. Updates to the Clinical Practice Guidelines in policy form are reviewed by the Credentials Review Committee at the quarterly meeting immediately proceeding any policy revision.

PROCESS:

A Clinical Practice Guideline (CPG) is created by national medical associations and/or health organizations for the explicit purpose of disseminating peer-reviewed, evidence-based practice recommendations to enhance the quality and consistency of care delivered to all patients, regardless of payor source. The CPGs guide decisions and provide criteria regarding diagnosis, management, and treatment in specific areas of healthcare based on published evidenced-based medical literature. The CPGs reflect a current evidence in the literature for large groups of individuals with specific health diagnoses; at all times, a licensed and boarded practitioner is encouraged to practice patient-centered care, developing care plans with each individual patient's needs and conditions in mind, utilizing medical justifications for exceptions when deviating from the CPGs, based on the provider's expertise and clinical judgment.

The CPGs address the following conditions: Heart Disease and Coronary Artery Disease; Respiratory Disease, Depression, Attention Deficit/Hyperactivity Disorder, Diabetes Mellitus, Hypertension, Back Pain, Osteoarthritis, and Childhood Obesity. Additional GPCs recommended by iCare Care Management teams include Fall Prevention Guidelines and Palliative Care.

Effective Date: June 30, 2015	Responsible Department: Chief Medical Officer
Revision Number: 4	Last Review Date: February 2018
Last Revision Date: February 2018	Next Review Date: February, 2020
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Information regarding Clinical Practice Guidelines and their updates are posted on iCare’s provider website. As part of the contract process, providers give signed attestation they will conform to iCare’s policies as posted on iCare’s provider website. Providers who receive iCare training with our Provider Educator also receive information regarding iCare’s expectation that providers follow CPGs as well as where on the iCare website to access the policy and internet links to disease-specific guidelines. Electronic-based provider newsletters and other forms of web-based provider information outlets are additional resources that iCare may use at its discretion to inform providers of new or updated policies on an as-needed basis.

CLINICAL PRACTICE GUIDELINES

Heart Disease and Coronary Artery Disease

2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure [e137.full.pdf](#); Circulation. 2017;136:e137-e161, originally published April 28, 2017 <https://doi.org/10.1161/CIR.0000000000000509>

AHA/ACCF 2009 Performance Measures for Primary Prevention of Cardiovascular Disease in Adults <http://circ.ahajournals.org/content/120/13/1296.full.pdf+html>

AHA/ACCF Guidelines for Secondary Prevention for Patients with Coronary and Other Atherosclerotic Vascular Disease: 2006 Update
<http://circ.ahajournals.org/content/113/19/2363.full.pdf+html>

The Society of Thoracic Surgeons 2017 Clinical Practice Guidelines for the Surgical Treatment of Atrial Fibrillation
<https://www.sts.org/sites/default/files/documents/SurgicalTreatmentAfib.pdf>

Respiratory Disease

Final Recommendation Statement Chronic Obstructive Pulmonary Disease: Screening (USPSTF, 2016 Apr) <https://www.guideline.gov/summaries/summary/50139/final-recommendation-statement-chronic-obstructive-pulmonary-disease-screening?q=copd>

Global Strategy for Diagnosis, Management, and Prevention of COPD (Updated 2015)
<http://www.goldcopd.org/global-strategy-diagnosis-management-prevention-copd-2016/>

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Diagnosis and Management of Stable Chronic Obstructive Pulmonary Disease: 2011 A Clinical Practice Guideline Update from the American College of Physicians, American College of Chest Physicians, American Thoracic Society, and European Respiratory Society
<http://www.thoracic.org/statements/resources/copd/179full.pdf>

Behavioral Health/Mental Illness

Depression

Practice Guideline for the Treatment of Patients with Major Depressive Disorder, Third Edition
http://www.valueoptions.com/providers/Handbook/treatment/Major_Depression.pdf

Mental Health

National Institute for Health and Care Excellence (UK): Mental Health Problems in People with Learning Disabilities: Prevention, Assessment and Management.
<https://www.nice.org.uk/guidance/ng54/chapter/Recommendations>

Attention-Deficit/Hyperactivity Disorder in Children and Adolescents

ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents
<http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654.full.pdf+html>

Diabetes Mellitus

American Diabetes Association. Standards of Medical Care in Diabetes (2013)
http://care.diabetesjournals.org/content/36/Supplement_1/S11.full.pdf+html

The Management of diabetic foot: a clinical practice guideline by the Society for Vascular Surgery in Collaboration with the American Podiatric Medical Association and the Society for Vascular Medicine. <https://guideline.gov/summaries/summary/50181/the-management-of-diabetic-foot-a-clinical-practice-guideline-by-the-society-for-vascular-surgery-in-collaboration-with-the-american-podiatric-medical-association-and-the-society-for-vascular-medicine?q=coronary+and+other+atherosclerotic+vascular+disease>

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Evidence-based Clinical Practice Guideline: Eye Care of the Patient with Diabetes Mellitus, American Optometric Association, 2014

<https://www.guideline.gov/summaries/summary/47915/evidencebased-clinical-practice-guideline-eye-care-of-the-patient-with-diabetes-mellitus?q=diabetes+mellitus>

Hypertension

2017 Guideline for the Prevention, Detection, Evaluation and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology, American Heart Association Task Force on Clinical Practice Guidelines.

https://professional.heart.org/idc/groups/ahamah-public/@wcm/@sop/@smd/documents/downloadable/ucm_497446.pdf

Pharmacologic Treatment of Hypertension in Adults Aged 60 Years or Older to Higher Versus Lower Blood Pressure Targets: A Clinical Practice Guideline from the American College of Physicians and the American Academy of Family Physicians 2017.

<http://annals.org/aim/fullarticle/2598414/pharmacologic-treatment-hypertension-adults-aged-60-years-older-higher-versus>

Chronic Pain

Pain: assessment, non-opioid treatment approaches and opioid management. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2016 Sept

<https://www.guideline.gov/summaries/summary/50568>

Back Pain

Diagnosis and Treatment of Low Back Pain: A Joint Clinical Practice Guideline from the American College of Physicians and the American Pain Society (2007)

<http://annals.org/article.aspx?articleid=736814>

Osteoarthritis

Osteoarthritis. Care and Management in Adults, 2014 National Institute for Health and Care Excellence (NICE) <https://www.guideline.gov/summaries/summary/47862/osteoarthritis-care-and-management-in-adults?q=osteoarthritis>

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Childhood Obesity

Screening for Obesity in Children and Adolescents: US Preventive Services Task Force Recommendation Statement (2010)

<http://www.uspreventiveservicestaskforce.org/Page/Document/ClinicalSummaryFinal/obesity-in-children-and-adolescents-screening>

Care of the Frail Elderly

American Geriatrics Society 2015 Updated Beers Criteria for Potentially Inappropriate Medication Use in Older Adults. <https://guideline.gov/summaries/summary/49933/american-geriatrics-society-2015-updated-beers-criteria-for-potentially-inappropriate-medication-use-in-older-adults?q=American+Geriatric+Society>

American Geriatrics Society Clinical Practice Guideline: Prevention of Falls in Older Persons http://www.americangeriatrics.org/files/documents/health_care_pros/JAGS.Falls.Guidelines.pdf

Missouri Home Alliance Multifactorial Fall Risk <http://www.homecaremissouri.org/projects/falls/documents/Oct2012FINALValidatedFallriskassessmenttool.pdf>

Palliative Care Guidelines

Institute for Clinical Systems Improvement: Palliative Care for Adults (2007 Jan, Revised 2013 Nov) <https://guideline.gov/summaries/summary/47629/palliative-care-for-adults?q=palliative+care>

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Responsible Department: Chief Medical Officer/Medical Director

Reviewing Department: Chief Medical Officer/Medical Director

References: AHRQ National Guideline Clearinghouse <http://www.guideline.gov/>
 USPFTF Guide to Clinical Preventative Services
<http://www.ahrq.gov/professionals/clinicians-providers/guidelines-recommendations/guide/index.html>

Responsible Party: Chief Medical Officer/Medical Director

Recommended Distribution: All staff via iCare intranet site

Approval:



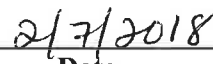
Thomas Lutzow, PhD, MBA President/CEO



Date



Linda Ellis MD, MJ, MA Chief Medical Officer



Date

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