

- * You cannot be denied health care because you don't have an Advance Directive.

Why are Advance Directives Important?

- * Knowing about Living Wills and Powers of Attorney for Health Care can help you. That way your family and health care providers are prepared for hard decisions about your care.

If you'd like more information, call *iCare* for details.

*****Please Note:** The information presented in this brochure should not be considered a legal opinion or advice.

Where to File a Grievance

You have the right to file a grievance with the Department of Health Services, Division of Quality Assurance, regarding noncompliance with advance directive requirements. If requested, *iCare* will assist you in filing a grievance with the Division of Quality Assurance regarding noncompliance with advance directive requirements.

Interpreter and translation services are available free of charge. This document may be available in other formats upon request.



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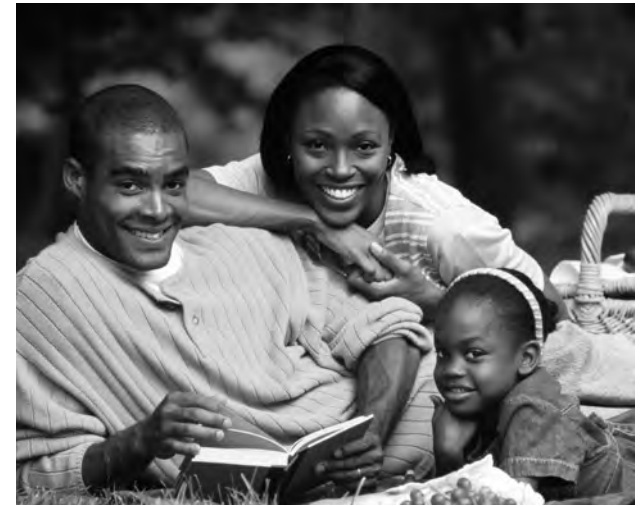
1-800-777-4376

1-414-223-4847

FAX: 414-231-1092

TTY 1-800-947-3529 or 7-1-1

Voice: 1-800-947-6644 or 7-1-1



***i*Care**
INDEPENDENT CARE HEALTH PLAN

**Making Choices for
your Health Care.**

Power of Attorney
Living Will



INDEPENDENT CARE HEALTH PLAN

As individuals, we all have the right to make decisions about the future of our own health care.

These decisions are called Advance Directives. Advance Medical Directives are:

- * Decided before a serious illness.
- * A way to state your choices for health care OR name someone to make those choices if you become unable to make decisions.
- * Involve two common types:

Living Will
Power of Attorney for Health Care



Why should I have a Living Will or Power of Attorney for Health Care?

- * It provides a written outline of your choices about treatments you want or don't want. It also tells your family, friends and providers what medical care decisions you want made for you.
- * Provides guidance to your providers. Relieves your family and friends from guessing about what types of care you want.

What is a Living Will?

- * It's where you tell your doctor what health care you want or do not want in the event you have a medical emergency and are not able to speak for yourself.

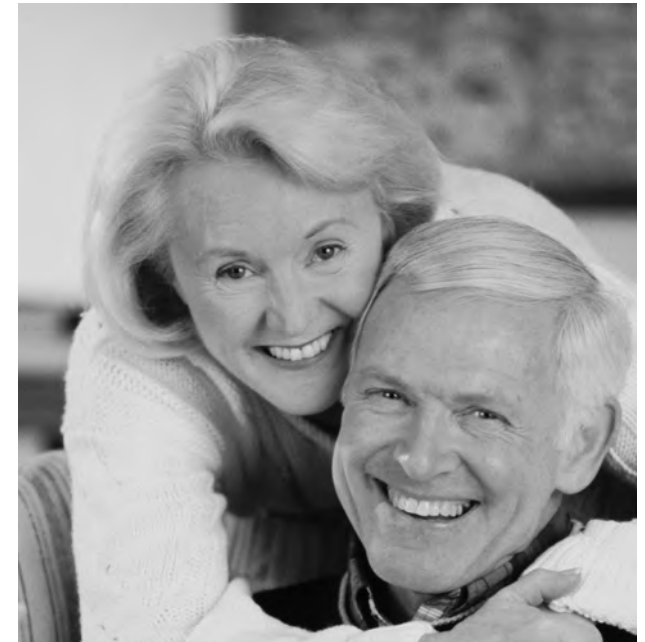
What is Durable Power of Attorney for Health Care?

- * You choose another person to make decisions about your medical care. That person will make medical decisions for you when you are not able to speak for yourself. This person is called your "agent." You may have two agents. The first person is your primary agent. The second person is able to make decisions for you only if the first person cannot be reached or does not want to make decisions for you.

- * Your agents should understand what care you do or do not want in a medical emergency. Make sure that they are willing to follow your wishes.

Who can make an Advance Directive?

- * An adult of sound mind.
- * Adults who receive assistance from Medicare and Medicaid.



Are Advanced Directives Required?

- * You don't have to make an Advance Directive if you don't want to. If you do have one, you may change or cancel it at any time.